

## NIPPERS COMMITTEE MEMBERS 2007—2008

Position	Name	Email
<b>Chairman</b>	Darrin Stoker	dstoker@liquitek.com.au
<b>Registrar</b>	Dermot O'Brien Laura Gray	dobrieneng@optusnet.com.au clk@bigpond.net.au
<b>Clothing</b>		
<b>Competition Manager</b>	Lisa Murray	lisa.murray@mallesons.com
<b>Gear Steward</b>	Peter Yeates Craig Blake	peter.yeates@alconlabs.com cblake@parnellpartners.com.au
<b>Social Co-Ord</b>	Kim Buckingham	kbucko6@yahoo.com
<b>Newsletter Co-Ord</b>	Lisa Settree	lisa.settree@bigpond.com
<b>U6 Age Manager</b>	Kenn MacRae	kenn@themacraebrothers.com
<b>U7</b>	Adam Blake	
<b>U8</b>	Jim Beach Greg Lockie Brad Hines	jimbeach@bigpond.net.au shoreside@shoreside.com.au brad@btap.com.au
<b>U9</b>	Robert Newlinds	newlinds@banco.net.au
<b>U10</b>	Jordie Skelton	jskelton@caroma.com.au
<b>U11</b>	Mike Dobrijevic	michael.d@mozaicmgt.com.au
<b>U12</b>	Craig Blake Peter Yeates	cblake@parnellpartners.com.au peter.yeates@alconlabs.com
<b>U13</b>	Darrin Stoker	dstoker@liquitek.com.au
<b>U14</b>	Mark Whitehair	mark_whitehair@bigpond.com.au

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# SOUTH CURL CURL NIPPERS



## 2007 / 2008 SEASON HANDBOOK & CALENDAR

[www.southcurlcurlslsc.org](http://www.southcurlcurlslsc.org)

## WELCOME TO SOUTH CURL CURL NIPPERS

South Curl Curl Surf Lifesaving Club is nearly 90 years old and is still going strong!

Our Nippers have enjoyed wonderful growth over the past few years and we are enjoying around 300 blue, yellow & white caps running around our glorious beach each Sunday.

Like all surf clubs South Curl is very family oriented and the focus is primarily to ensure that our Nipper program is fun and educational, not only for the children but also for the Mums and Dads who join us on Sunday mornings. Socially we are very active—look out for our infamous BBQ's on the deck and other occasions to get together and have a chat.

### SUNDAY ACTIVITIES

Nippers starts at 9am sharp. On most Sunday's activities are finished by 10.30am. The younger age groups usually finish around 10am.

All Nippers are to assemble behind age markers on the beach for roll call. Nippers must all have nipper caps. Each child has to be marked off the roll prior to leaving with parent. Caps are to be removed once nippers has finished.

**A PARENT OR GUARDIAN IS REQUIRED TO BE AT THE BEACH AT ALL TIMES DURING NIPPERS.**

## NIPPERS CALENDAR OF EVENTS 2007—2008

### DATES

### ACTIVITY

#### OCTOBER, 2007

Sunday 14th	First Nippers & <i>Curly Sound Waves</i>
Sunday 21st	Normal Nippers/Proficiency Testing & BBQ—U7 to staff
Sunday 28th	Normal Nippers

#### NOVEMBER, 2007

Saturday 3rd	CARNIVAL—COLLAROY
Sunday 11th	CARNIVAL—MANLY (See Age Mgrs)
Sunday 18th	Normal Nippers & BBQ—U8 to staff
Sunday 25th	Normal Nippers

#### DECEMBER, 2007

Sunday 2nd	Normal Nippers & BBQ— U9 to staff
Sunday 9th	CARNIVAL—QUEENSCLIFF (See Age Mgrs)
Sunday 16th	Last Nippers for Year— Xmas BBQ

#### JANUARY, 2008

Sunday 6th	South Curl Curl Biathalon
Sunday 13th	NIPPERS BACK & BBQ U10 & U6 to staff
Sunday 20th	CARNIVAL— NARRABEEN (See Age Mgrs)
Sunday 27th	Normal Nippers

#### FEBRUARY, 2008

Sunday 3rd	Normal Nippers
Saturday 9th	BRANCH CARNIVAL—NEWPORT BEACH EVENTS
Sunday 10th	BRANCH CARNIVAL—NEWPORT WATER EVENTS
Sunday 17th	Normal Nippers & BBQ U11,12 & 13 to staff
Sunday 24th	Normal Nippers
Fri 29th—Sun 2nd MAR	STATE CHAMPIONSHIPS—SWANSEA BELMONT

#### MARCH, 2008

Sunday 2nd	STATE CHAMPIONSHIPS—SWANSEA BELMONT
Sunday 9th	FINAL NIPPERS & BBQ & AGM & PRESENTATION

## PROFICIENCY TESTS

To enable a child to **participate in Nippers** in any water event where they will be in water out of their depth, they are required to take a proficiency check.

As per below, for **participation at Carnivals**, a run-swim-run and timed pool swim must be completed before competing at carnivals. Proficiency testing is usually held during Week 1 and Week 2 of the season. Please bring goggles and/or wetsuits if they are necessary for your child to complete their proficiency on these days.

### Proficiency Check (for Participation)

AGE	SWIM	SURVIVAL FLOAT
U/8	25m swim any stroke	1 minute
U/9	25m swim any stroke	1.5 minutes
U/10	25m swim freestyle	2 minutes
U/11	50m swim freestyle	2 minutes
U/12	100m swim freestyle	2 minutes
U/13	150m swim freestyle	2 minutes
U/14	200m swim any stroke	3 minutes

### Run/Swim/Run (for Carnivals)

AGE	RUN/SWIM/RUN			TIMED SWIM
U/8	Nil			
U/9	50m run	50m swim	50m run	200m < 6 mins
U/10	50m run	100m swim	50m run	200m < 6 mins
U/11	50m run	100m swim	50m run	200m < 5 mins
U/12	50m run	100m swim	50m run	200m < 5 mins
U/13	100m run	100m swim	100m run	200m < 5 mins
U/14	100m run	100m swim	100m run	200m < 5 mins

## SEASON START

The season commences at 9am on **SUNDAY 14th OCTOBER, 2007.**

### PARENTS RUN NIPPERS!

The Club operates entirely on volunteer help. There are many jobs, and for most of these you don't need surf lifesaving experience!

It is our experience that the more YOU get involved, the more your child will enjoy Nippers.

At the beginning and during the season training is arranged for any parent interested in obtaining their Bronze Medallion. It is essential that as many parents as possible obtain their Bronze to meet water safety requirements for SLSA.

Your assistance on the beach will be required ONE SUNDAY PER MONTH. Your Age Manager will be organising a roster.

We will also be holding BBQ's after nippers in our great BBQ area. Each age group will have an allocated BBQ day. It is expected that the parents of these age groups will help run this BBQ. Each age group will need a parent to act as "liaison parent" and organise helpers for your BBQ ie. once a season.

### AGE MANAGERS

If you would like to help run Sunday morning events, please let us know—we always need keen people. Any level of involvement is useful but parents who are able to regularly help out are much appreciated. If you have previous experience and/or Bronze Medallion this is an advantage but not essential.

### EQUIPMENT USE

Nipper boards may be used under parent supervision by registered members after completion of Nippers up until 11.30am. Boards must be returned to the Nipper Room promptly by 11.30am.

## CHILD PROTECTION

Any parent assisting on the beach should be registered as an associate member to cover insurance issues. Parent helpers **MUST** also sign the "Prohibited Employment Declaration" for child protection.

## UNIFORM

**For safety reasons ALL children MUST wear a competition cap during ALL Sunday activities.** Children are also encouraged to wear club costumes and club swimsuits. Club caps are to be removed once Nippers has finished.

## CARNIVALS

Sydney Northern Beaches Branch conducts Junior Carnivals during the season for age groups U/8 upwards.

Occasionally Sunday activities clash with Carnivals and other events such as Branch and State Championships. There may be a need to merge **some** age groups on such days. Please check with your Age Manager in advance of his/her availability on carnival days. See Calendar further on in the booklet for dates—but remember these can change so check with your Age Managers.

## ADDITIONAL TRAINING

South Curl Curl offers additional training for interested members in the following areas :

- ?? Board—Wed afternoon (Manly Dam) & Sat afternoon (Surf Club)
- ?? Sprint & Flag —Thurs afternoons (Surf Club)
- ?? SRC & Bronze (contact Craig Blake cblake@parnellpartners.com.au)

Please contact your age manager for further details.

## REGISTRATION

Nippers registration for season 2007/08 will be undertaken on Sunday, 16th September 2007. There is no prior registration and numbers in age groups are limited so you are encouraged to register on the allocated date to ensure enrollment. New members are required to bring along their proof of age (i.e. birth certificate). **PAYMENT MAY BE MADE BY CASH OR CHEQUE—NO CREDIT CARD FACILITIES WILL BE AVAILABLE.**

## FEES

1st child or family member	\$55
2nd child	\$45
3rd child	\$35
Associate (Nipper Parent) Member*	\$25
(* Covers insurance)	

If either parent is a Senior club member then for Juniors, begin with the 2nd child rate.  
Max. per family \$150.00

## CLOTHING

Girls One Piece	\$40
Girls Two Piece	\$35
Boys costume	\$25
Child's Rash Vest (Sizes 6-14)	\$35
Cap	\$15
Adults Rash Vest	\$40
Women's One Piece	\$45
Men's Cossie	\$30

## BRONZE MEDALLION

Bronze Instruction Classes	\$35
Bronze Instruction Manual	\$25